

June 2025 Lunch Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 V = vegetarian Vegan = no meat, eggs, or dairy	2 Black Bean Burger, Baked Sweet Potato Wedges, Fruit <i>V & Vegan: ok</i>	3 Chicken & Rice Soup, Steamed Vegetables, Fruit <i>V & Vegan: Vegetable & Rice Soup</i>	4 Penne with Bolognese, Grilled Vegetables, Oranges <i>V & Vegan: Vegan Bolognese</i>	5 Falafel, Hummus, Pita, Fruit <i>V & Vegan: ok</i>	6 Baked Ziti, Steamed Vegetables, Fruit <i>V: ok</i> <i>Vegan: Pasta with Marinara Sauce</i>	7
8	9 Lo Mein Noodles with Stir Fried Vegetables & Tofu, Steamed Carrots, Fruit <i>V & Vegan: ok</i>	10 Tomato Basil Soup, Grilled Cheese Sandwich, Apples <i>V: ok</i> <i>Vegan: Avocado Sandwich with Grilled Vegetables</i>	11 Vegetables Sushi Rolls, Edamame, Fruit <i>V & Vegan: ok</i>	12 Grilled Chicken, Spanish Rice, Steamed Vegetables, Fruit <i>V & Vegan: Marinated Tofu</i>	13 Mushroom & Cheese Pizza, Steamed Vegetables, Fruit <i>V: ok</i> <i>Vegan: No Dairy Pizza</i>	14
15	16 Potato Corn Chowder, Grilled Chicken, Rolls, Fruit <i>V: No Chicken</i> <i>Vegan: Steamed Broccoli & Marinated Tofu</i>	17 Chinese Chicken Salad with Crunchy Noodles & Green Dressing, Oranges, Brown Rice <i>V & Vegan: Marinated Tofu</i>	18 Spaghetti & Turkey Meatballs, Steamed Vegetables, Fruit <i>V & Vegan: Spaghetti with Marinara Sauce</i>	19 <i>LMUCC Closed</i> <i>University Holiday</i> <i>Juneteenth</i>	20 <i>LMUCC Closed</i> <i>Toddler Classroom</i> <i>PTCs</i>	21
22	23 Fish Tacos, Cabbage Salad, Fruit, Green Salsa <i>V & Vegan: Brown Rice & Black Beans</i>	24 Shepherd's Pie, Asparagus, Oranges <i>V & Vegan: Polenta Cakes with Marinara Sauce</i>	25 Vegetarian Minestrone, Rolls, Fruit <i>V & Vegan: ok</i>	26 Macaroni & Cheese, Crispy Kale, Fruit <i>V: ok</i> <i>Vegan: Pasta with Marinara Sauce</i>	27 Tortilla Soup, Cheddar Cheese, Rolls, Fruit <i>V: ok</i> <i>Vegan: No Cheese</i>	28
29	30 Pesto Pasta with Pumpkin Seeds, Black Bean & Corn Salad, Fruit <i>V & Vegan: ok</i>					